

**POINTS OF INTEREST:**

**SCHR's new Environment Committee talks about its purpose — on the front page.**

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## Recycling team formed

### The 4 Rs: Reduce, Reuse, Recycle, Recover

Sun Country Health Region established a Recycling Committee in November, 2007 to coordinate and guide the development of facility waste reduction programs across SCRHA. The committee wants to Reduce, Reuse, Recycle and Recover waste, wherever practical. Recycling means diverting waste materials before it reaches the waste disposal grounds and turning it into a resource that can be sold and used in the manufacture of new items. This reduces the amount of waste going to the waste disposal grounds,

increases the grounds' projected life span and ultimately reduces operating costs.



One of the committee's other goals was to provide information to staff. During 2009, information about the 4 Rs (Reduce, Reuse, Recycle and

Recover) will be included in a special section of Sun Country Chatter.

The Chatter will publish some of the questions and answers about recycling sent to **Shirley Wheeler, Regional Director, Environmental Services, Tel: 842-8340; Fax: 842-8343; Email: Wheeler, Shirley SCHR.**

**To begin the series, we answer a question about the safe disposal of a compact fluorescent bulb. See Pages 10, 11, 12.**

*Watch this newsletter to learn:*

**How, Why, Where, When? to recycle**

## **The Patient Safety Conference at McKenna Hall in October:**

*What do the participants say about it?*

Sun Country Health Region staff members filled in evaluations of the Patient Safety Conference, Oct. 9, 2008 at McKenna Hall.

This is what they said:

Evaluation Summary

106 evaluations returned

Ratings: Five per cent of participants rated the day as Fantastic (100° on the thermometer)

- Forty per cent rated the day as Excellent (90° on the thermometer)
- Thirty-nine per cent rated the day as Very Good (80° on the thermometer)
- Twelve per cent rated the day as Good (70° on the thermometer)
- Four per cent rated the day as Fair (60° on the thermometer)
- Attendees liked: Mother's Story (Donna Davis)
- Brayden's Story
- Paula Beard's presentation
- M & M Ladies

There were many positive comments about the Interactive presentations (participants would like more time to view them), and the personal experience stories.



**The basement of McKenna Hall in Weyburn was filled with information displays from Sun Country Health Region programs at the Patient Safety Conference last year. The above display about preventing falls for residents and patients is one of them.**

They would like to hear more about incidents in Sun Country Health Region.

Suggestions for topics:

- charting
- apologies and disclosure
- elder abuse
- farm injuries
- specific ideas to promote cultural change
- dashboard strategies.

# Living Well with chronic conditions

**By Sheena Grimes, RD  
Chronic Disease  
Management Facilitator**

Sun Country Health Region is pleased to offer the program "Live Well™ with Chronic Conditions."

Live Well™ is a self-management program for

those people who are living with or caring for someone with a chronic illness, including but not limited to diabetes, arthritis, heart disease, chronic pain, kidney disease, stroke, asthma and depression.

This community-based pro-

gram is led by trained peer leaders, many who have chronic conditions themselves and can model healthy lifestyle choices.

Topics covered in the program include effective communication strategies for loved ones and health professionals, dealing with difficult emotions, goal setting and action plans, medications, nutrition and physical activity.

The free-of-charge, six week program will be offered at various locations and dates throughout the health region.

In March 2009, Live Well sessions will be offered in the communities of Radville, Kipling, Weyburn and Estevan.

If you are interested in learning more about the program or having a program offered in your community, please contact the Sun Country Health Region's Live Well™ coordinator,

**Sheena Grimes,**  
at (306) 637-2464 or  
[sgrimes@schr.sk.ca](mailto:sgrimes@schr.sk.ca)

Peer leaders and program coordinator are excited to answer any questions and are available to present an information session about the Live Well™ with Chronic Conditions program.

## Ethics Committee needs staff member

**Sun Country Health Region's Ethics Committee  
is looking for a representative from the staff.**

**The committee:**

- **helps to educate staff about health care ethics**
- **acts as a resource for clients, families, and staff.**
- **evaluates information, cases, events brought before the committee and makes recommendations about the same.**
- **meets four times/year.**

**If you are interested in serving on the  
committee, please call  
Mark Pettitt, Chair,  
at 842-8739 or 637-2472.**



# Finding healthy activities

By Tamara Kapell  
Sun Country Health Region  
Therapies Department



When trying to think up ideas about how to get your family moving you may have exhausted your own personal creative reserves. If that is the case, it's time for back up! There are hundreds of websites set up for that very purpose. How to narrow them down and decide which ones are reputable and reliable? You want to make the best choices for your family and in order to help you out the following websites have been listed. Each one has been searched and evaluated in order to ensure the best, most useful information for your family.

<http://www.healthycanadians.ca>  
This is a wonderful resources that provides information regarding ac-

tivity ideas, ideal activity levels, and even links to other sites. It is a wonderful resource for people looking to get active and have questions regarding how to, where to, and who to ask.

Another great Canadian resource is <http://www.activehealthykids.ca/index.cfm>. Now why not take a look at a few websites a little closer to home? <http://www.saskatchewaninmotion.ca>

This is a Saskatchewan-specific website with helpful information that will inspire most people to get off that couch, i.e. "Beat the Blahs" and "Families in Motion". It is a helpful place to visit whenever you find yourself short on new ideas or wondering about different activities. Even more local is the Sun Country Health Region website, <http://www.suncountry.sk.ca/map/94/facilities-by-community.html>.



## SAVE THE DATE

### Working Together: Building our Saskatchewan Chronic Disease Prevention & Management Community

2009 Chronic Disease Prevention & Management (CDPM) Provincial Conference

June 18 & 19, 2009

Sheraton Cavalier, Saskatoon, Saskatchewan

Keynote Speaker: Dr. Jean Bourbeau MD, MSc, FRCPC McGill University

The purpose of the 2009 CDPM Provincial Conference is to provide health care practitioners, policy makers, administrators, organizations, and individuals committed to prevention and living well with chronic disease an opportunity to share ideas, practices, and initiatives.

Call for Abstracts January 2009

For more information contact: Lois Crossman  
Conference Coordinator  
306.655.6134  
[live-well@saskatoonhealthregion.ca](mailto:live-well@saskatoonhealthregion.ca)



From the left, Jenny Peacock, Mary Schnell, Linda Kirby, Elaine Winter and Mark Rochat accept the CUPE Health Care Council Award for cooking at Coronach Health Centre. Missing from the photo are Gina Pearson and Angela Rolke.



Photo Courtesy of Kelly Elder, Triangle News, Coronach

## Simply Elegant Benefit Gala & Fashion Show Prairie Style

Join us for the Canadian Diabetes Association's 21<sup>st</sup> Annual Gala Benefit Dinner and Fashion Show on Friday, May 1, 2009.

Over the years, this fun gathering has raised diabetes awareness, education and funds with elegance, fashion and flair. Special VIP celebrities will model fashions and entertain for the evening.

Early bird tickets are \$50 until March 31, after which time they will increase to \$60, so purchase your tickets early!

**Date: Friday, May 1 – 6 – 7 p.m.**

**Cocktails; 7:pm. - dinner**

Location: Conexus Arts Centre, 200 Lakeshore Drive, Regina

**For tickets and event information,  
contact Joyce Pawlowski,  
Canadian Diabetes Association, Regina office  
at (306) 584-8445 (ex. 223) or  
joyce.pawlowski@diabetes.ca**

## Live, Laugh, Lead!

### Provincial Youth Conference

#### Canadian Diabetes Association

Are you community minded, between the ages of 14-29 years, passionate about youth leadership, well being and promoting inclusiveness?

**If so, this conference is for you!**

For more information on the conference or to get a registration package, please visit

[www.diabetes.ca](http://www.diabetes.ca)

Early bird tickets only \$20 until April 15.

Bonus: Receive a free conference t-shirt if you purchase early bird tickets.

(Afterwards, tickets are \$35).

**When:** May 9, 2009 8:30 - 4:30 p.m.

**Where:** Luther College (University of Regina),  
3737 Wascana Parkway, Regina

To register or for more information, please contact Ashley Boha, Canadian Diabetes Association, Regina office at (306) 584-8445 ext 222 or [ashley.boha@diabetes.ca](mailto:ashley.boha@diabetes.ca)

# *The stroke program:*

## *What is it?*

## *Where is it available?*

Team members include **Bernadette Wright, Wendy Gustafson, Wanda Miller, Kathy Aspinall, Sheena Grimes, Melodie Brodziak, Paula Ealey, Mary Anne Veroba**

The Stroke/TIA Secondary Prevention Program is designed to create a coordinated and integrated system of follow up to those individuals who present with Stroke/TIA symptoms.

Stroke/TIA patients can be referred to this program by various sources; Doctor, EMS, ER, self, family.

The Secondary Stroke/TIA Prevention Case Manager manages the client case as they work to identify and address the risk factors and refer to appropriate community programs and services.

The faster these symptoms are responded to the more likely the impact will be minimized.

This program has been available in Estevan since 2006.

### **Community and Staff Education**

Several community presentations took place from February – June 2008 to increase the public's awareness of the signs and symptoms of a stroke or TIA, including some personal interventions they may consider.

The education sessions included information on the brain and circulatory system, words the doctor will use, what is a stroke, warning signs, how do strokes happen, possible effects of stroke, risk factors and prevention.

These sessions featured three key areas for information: an introduction to the material that was provided to the community, education about the Stroke/TIA Secondary Prevention Program, and sharing the Stroke Alert Protocol guidelines that have been approved regionally.

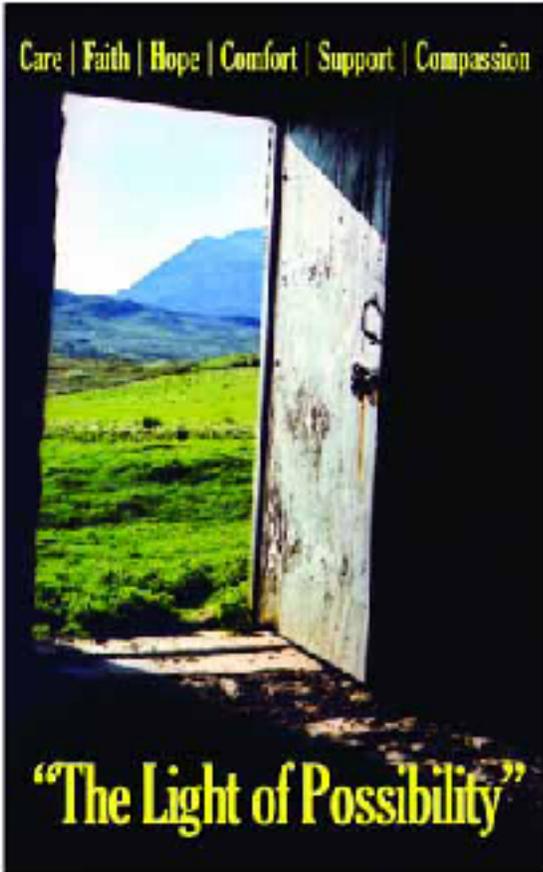
### **Clinical Guidelines**

The Stroke Alert Protocols provides staff with a step-by-step guide in the event of a patient presenting with the signs and symptoms of stroke, to ensure the patient receives appropriate and timely care in order to minimize the impact of the neurological episode.

**The Stroke Alert Protocol as well as the EMS/ER Stroke Screen and Stroke Assessment Record can be found on the R-drive.**

PROVINCIAL  
**Palliative Care 2009**  
CONFERENCE

Care | Faith | Hope | Comfort | Support | Compassion



**"The Light of Possibility"**

**GUEST SPEAKERS**

- **The Hon. Don McMorris**  
Saskatchewan Minister of Health
- **Dr. Larry Librach**
- **Elizabeth Causton**
- **Dr. Bill Webster**
- **Katherine Murray**
- **Dr. Mike Harlos**

**Who Should Attend?** Physicians, nurses, social workers, psychologists, occupational therapists, physical therapists, pastoral care workers, hospice and palliative care experts, ethicists, registered palliative care volunteers and other health disciplines interested in end-of-life care.

**May 28 & 29, 2009**

Yorkton, Saskatchewan

For more information or to register:

[www.sunrisehealthregion.sk.ca](http://www.sunrisehealthregion.sk.ca)

or call Carol 786-0714 Joleen 786-0778

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The Saskatchewan  
Hospice Palliative  
Care Association



Sunrise Health  
Region Palliative  
Care Committee

**"The Light of Possibility"**

Please use one form per registrant

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ Prov \_\_\_\_\_ Postal Code \_\_\_\_\_  
 Email Address \_\_\_\_\_  
 Profession \_\_\_\_\_

**Registration Fees: (all meals are included)**

Sask. Palliative Care Assoc. Members	\$210.
Non-members (includes 2009 Prov. Mem. Fee)	\$250.
Registered Palliative Care Volunteers	\$100.

Please make cheques payable to:  
 Sunrise Health Region  
**Mail completed registration with payment to:**  
 (Confirmation by email, or mail)  
 Sunrise Health Region  
 Finance Department  
 270 Bradbrooke Dr.  
 Yorkton, SK S3N 2K6

**Registrations due prior to May 8, 2009.**  
 Full payment must accompany your registration.  
 Receipts will be included in your registration package.  
 No refunds after May 15, 2009.

Brochure and registration form available on the health region website at [www.sunrisehealthregion.sk.ca](http://www.sunrisehealthregion.sk.ca)

For more information, please contact:  
 Carol Stringfellow (306) 786-0714  
 carol.stringfellow@shr.sk.ca  
 Joleen Cherland (306) 786-0778  
 joleen.cherland@shr.sk.ca

**Registration Form  
for the Conference:**



**Register here!**

## *QBS and LEAN*

# SCHR adopts new strategies-1



**Hal Schmidt**

The story of Quality as a Business Strategy:

**By Hal Schmidt,  
Vice President,  
Corporate Services  
Sun Country  
Health Region**

There is a dramatic move provincially toward a higher level of focus on Quality. This spirit to improve is overwhelmingly supported by Sun Country Health Region. The Region is involving itself in numerous initiatives that reflect this commitment, like Accelerating Excellence, Quality as a Business Strategy, Quality Insight Advisory Committee and LEAN.

Two of these initiatives, Quality as a Business Strategy (QBS) and LEAN are receiving considerable attention.

QBS is a fundamental change or, as some may suggest, a cultural transformation of the organization to consider quality as a critical success factor.

The foundation of quality as a strategy is “ongoing matching of products and services to a need.” The means to achieve this outcome is through continuous improvement in the context of a dynamic system.

There are five key approaches to making improvements:

- Design of a new product (or service)
- Redesign of an existing product (or service)
- Design of a new process
- Redesign of an existing process
- Improvement of the system as a whole

The key to success is vigilance in the underlying concept of, ***need*** and ***matching***.  
outcomes.

# SCHR adopts new strategies –2

LEAN is not mutually exclusive to Quality as a Business Strategy but is a supportive tool that helps enable the strategy.

The LEAN concept was first introduced in the 1960's by Toyota (known as the Toyota Manufacturing Process) as a systematic means of identifying and eliminating waste from processes. Waste can be defined as any activities within a process that do not add value to the service provided.

**The LEAN approach is about increasing the value-added time spent with the patients/clients/ residents and not about cost cutting or mechanizing interactions with these patients/clients/residents.**

**This approach does not assume that providers' competence is the primary determinant of health care quality. Most providers are highly trained individuals who are aware of the standards of care and are largely in agreement with those standards. Despite their knowledge and com-**

**petence, poor outcomes still exist. Why doesn't the competency of individual professionals always translate into excellent clinical care? The answer lies in the lack of system capability to support providers in doing what they know should be done. As a result, there is a close connection between waste and the quality of health care. Waste is directly related to low patient and employee satisfaction, poor customer service and errors in medical treatment.**

To increase value, LEAN thinkers are also concerned about "*flow*" – the progressive achievement of tasks along a value stream without any delays or stops.

The aim of LEAN is to provide the *right service* in the *right way* to the *right patient* at the *right time*. To improve flow, a leveling of the production of services must be created through a pull system – one in which upstream processes produce only when downstream processes sig-

nal a need. The goal is to reduce the variability in service provision.

The target of the LEAN approach is to have zero defects or errors. This means making safety the goal of every step of health care delivery.

The goal is that safety mistakes should be corrected as soon as possible and as close as possible to their point of origin. All staff must feel they can identify and stop the mistake. The comparable industry term is often coined "stopping the line" (referring to stopping mistakes that happen on a factory assembly line).

SCHR is committed to excellence and as such chooses to be at the leading edge of enterprise transformation.

Adopting, *Quality as a Business Strategy* and deploying LEAN methodology across the organization will ensure that SCHR meets the changing needs of its residents, patients and clients in an effective, efficient manner with the best possible outcomes.

The  
story  
of  
LEAN -  
*What  
does it  
mean?*

## Environmental News on Pages 10, 11, 12

# *How to reduce office waste*

### Minimize

- Use both sides of the paper. Whenever possible use double sided photocopying.
- Put scrap pieces of paper together to make a notepad.
- **Use confidential shred boxes only for confidential papers.**
- Keep a pile of good quality scrap paper next to the printer for rough or trial copies.
- Use the smallest piece of paper appropriate to the task.
- Large numbers of fasteners are used in offices, such as paper clips, drawing pins and staples. Some of these can be reused, but staples cannot.
- **Turn out the lights every time you leave an empty room!**
- Disposable pens can be replaced by refillable ballpoints and fountain pens but even these rely on dis-

posable plastic and metal parts. It's estimated that U.S. citizens throw out over 4 thousand million disposable pens daily.

### Recycle

#### **Computers and TVs**

Consumers and businesses can drop off program products at any SARCAN depot without charge to be responsibly recycled.

As of 2007, all electronic equipment on the accepted equipment list can be recycled by dropping it off at any SARCAN location in Saskatchewan.

The list of accepted equipment can be found at [http://www.sweepit.ca/images/stories/documents/old\\_fee\\_remittance/remitter\\_list.xls](http://www.sweepit.ca/images/stories/documents/old_fee_remittance/remitter_list.xls)

Prior to taking it to SARCAN, consider the following options:

- Can someone in your family or perhaps your friends use the equipment?

- When you upgrade your systems, consider 'handing-down' surplus equipment and components to your immediate family or circle of friends.

- Can you sell it? Or give it away on an Internet group like [Weyburn-freecy-cle@yahoogroups.com](mailto:Weyburn-freecy-cle@yahoogroups.com)

- Some manufacturers take back their own brands for a modest fee. Check the website of the manufacturer of the product to see if a program is available. From time-to-time large electronics stores will also offer a "take-back" day at local stores.

- Can you donate it to a worthwhile cause? Check with your local municipality, chamber of commerce, yellow pages or the Internet for organizations that may have a need for your equipment. One example is the Saskatchewan Computers for Schools program at [www.saskschools.ca/~cfs/](http://www.saskschools.ca/~cfs/)

## **Your Question:** **How should I dispose of the new Compact Fluorescent Lights (CFLs) that contain mercury?**

### ***How should I dispose of a broken CFL?***

A spill of the amount of mercury found in household products, such as CFLs does not usually pose an immediate health risk to you or your family. However, proper clean up and disposal is required. You can minimize any risk of mercury contamination by following these basic guidelines:

#### ***When a CFL breaks on a hard surface:***

- Open windows (if possible) to ventilate the room for a few minutes.
- Wear rubber gloves and scoop or sweep up the debris with a stiff paper or cardboard, and then place the debris in a sealed plastic bag.
- Wipe the area with a damp paper towel and put it all in that same sealed plastic bag.
- Dispose of the bag in accordance with local disposal options.

#### ***When a CFL breaks on a carpet:***

- Open windows (if possible) to ventilate the room for a few minutes.
- Wear rubber gloves to remove as much debris as possible with a stiff paper or cardboard.
- Use sticky tape (such as duct tape) to pick up any small pieces of glass or fine particles, and then if necessary, vacuum the area and then immediately dispose of the vacuum bag along with the debris and sticky tape in a sealed plastic bag.
- Dispose of in accordance with local disposal options.
- All of this can be done by oneself – no need to call in a hazardous waste team.

*Continued on Page 8*



## Disposing of CFL bulbs . . .continued.

### *How much mercury is in CFLs?*

The average mercury content in a CFL is about 3 milligrams – roughly the amount it would take to cover the tip of a ball-point pen. By comparison, older thermometers contain 500 milligrams of mercury – the equivalent of more than 100 CFLs.

A common wristwatch battery contains five times more mercury than a CFL.

Although there is currently no substance that can replace the efficiency properties of mercury to produce light in fluorescent lamps, manufacturers have reduced the amount of mercury used in lamps. Some manufacturers have voluntarily reduced the mercury content in CFLs by about 80% in the past decade, to as little as 2 mg per bulb. Research is ongoing to achieve further reductions and, ultimately, to develop a mercury-free fluorescent lamp.

**Disposal information came from the Office of Energy Efficiency, Natural Resources Canada at <http://oee.nrcan.gc.ca/energystar/english/consumers/questions-answers.cfm?attr=4#dispose>**

### **Sun Country Health Region Public Health adds:**

**Grant Paulson, Supervisor of Public Health Inspection,** says Saskatchewan Environment and participating municipalities sponsor Household Hazardous Waste Disposal days and they do accept spent compact and regular fluorescent bulbs at these events. Weyburn has sponsored this event annually and is considering having it twice a year. Residents should check with their local municipality for details on the availability of these events in their communities.

Also, Home Depot stores will accept spent compact fluorescent bulbs at no charge, regardless of where they were purchased. There are also two Regina firms that will dispose of these bulbs for a fee and they will also pick up at sites outside of Regina if there are sufficient quantities. These companies are K-Light Recycling and LightSense Bulb Management.

### *A health risk?*

**Research indicates there is no health risk to you or your family should the bulb break as there is such a small amount of mercury in CFLs. The greatest risk is getting cut from the glass shards. Please follow the proper procedure to handle the broken bulb.**

# Saskatchewan government reviews health care



**The Saskatchewan government started the New Year with a Patient First Review of the health care system. The Patient First Review was announced in November 2008, to find out what Saskatchewan residents feel about the way health care services are delivered, and to explore ways to improve the patient experience in the province.**

The review will also examine health care administration, to find ways to optimize the way health services are managed and delivered. Information about the

review can be found at <http://www.patientfirstreview.ca/> Health care workers and members of the public can all have their say about the way health care is delivered in Saskatchewan, and how they think it could be improved.

With the help of an interactive guide that can be mailed to you, or found on the website, or found in hard copies in each of the facilities in Sun Country Health Region, people can describe their experiences with health care in Saskatchewan, and explore what works well, what gets in the

way of a positive patient experience, and some possible underlying reasons.

The Saskatchewan government is asking you to share your information, and help find ways to improve the Saskatchewan health care system:

**If you want to get involved in the Review, go to <http://www.innovativeresearch.ca/Survey/index.php> to complete a survey about your health care experience.**

**Hard copies of the survey also can be obtained by calling the Patient First toll-free**

***You can receive information about the review by calling the Patient First Review at toll-free line at 1-866-281-6355.***

**Visit <http://www.patientfirstreview.ca/> for more information.**

# SCHR aims to prevent falls

*Nurse Manager Marnell Cornish, at Tatagwa View Long Term Care Centre, in Weyburn and her team of health care providers from Sun Country Health Region are working on a program that should help to reduce the number of falls among residents.*

Slips and trips that result in falls are big problems for seniors, whether they live at home or in a long term care centre.

The Canadian Institute for Health Information says falls are the cause of 54.4 per cent of all hospitalization for injuries. For people 65 years and older, falls account for 84.8 per cent of all injury admissions to acute care hospitals.

In long term care centres, 40 per cent of admissions are the result of a fall and half of all elderly residents in long term care facilities fall every year. The falls can be minor but often are not. One in three results in serious injuries. Many residents are never active again after a serious fall.

Tatagwa View signed up to participate in a national project – along with 34 other long term care centres across the country - to reduce the pain and suffering from falls.

Since May 2008, the team and staffs have closely examined the residents in Tatagwa View with falls prevention specifically in mind.

“We look at each individual to determine what caused their fall,” says Marnell.

“Was it a result of poor-fitting slippers, throw rugs, poor glasses, or perhaps their medication?”

“Are there common problems that can be changed? Are there specific products, like anti-slip stockings or lower beds that can reduce the number of falls? Can a different kind of staff education help? Can residents learn safer ways to stand up or sit down?”

“Some big changes in the numbers can be made with very little cost,” says Marnell.

“The setup in Tatagwa View, designed as 10 separate houses for 12 residents each, is a great help in seeing what happens,” she says.

“With this physical arrangement, staff members see the residents in their own house many times a

day. They live and work in very close proximity to one another.”

Guided by tools provided by a national team called the Safer Health Care Now! Campaign ), in partnership with the Registered Nurses Association of Ontario, the Tatagwa View team is examining all the possibilities.

Once the assessment process was completed in 2008, the team ‘chose the Falling Star symbol to help identify those residents at high risk of falling. The symbol helps staff remember higher risk residents.

“Once the pilot project is completed in May 2009, the team’s goal is a 20 per cent reduction in the number of falls in Tatagwa View. The knowledge this team and others have gained will be shared with all other long term care centres in SCHR and across Canada.

**Safer Health Care Now! can be found at [www.saferhealthcarenow.ca](http://www.saferhealthcarenow.ca)**

## SCHR's Falls Prevention Team:



The team gathers: From left to right, the team members are Val Finney, activities; Deanna Pierce Colbow, RN; Sherry Pyett, RN; Lorrie Schultz, RN; Marnell Cornish, Tatagwa View Nurse Manager; Judy Krylychuk, RN; Denise Tourand, LPN; Debbie La Rose, LPN; Vivian Gatzke, LPN; Maricel Tamondong, Physical Therapy; Barb Navieaux, Physical Therapy.

### Less Pain, Less cost

A reduction in falls can translate into fewer injuries and deaths as Canada's population ages and becomes more susceptible.

It will also translate into a big dollar saving for health care.

Falls are estimated to cost the health system about \$1 billion every year right now, before the number of seniors grows.

If the pilot projects can see a 20 per cent reduction in falls, 7,500 fewer people will be hospitalized every single year from these injuries.



The Falling Star symbol

# Representative Workforce News

## Trainers Receive Certification!

Shelly Kapell and Jodi Gosselin have demonstrated consistent leadership qualities and facilitation skills towards delivery of “In Partnership” Aboriginal Awareness Training within Sun Country Health Region. Congratulations to both of them on receiving their final certification as trainers. Their commitment towards building a Representative Workforce is to be commended!

## More Dates Set for Aboriginal Awareness Training

A comprehensive comparison has been completed, comparing current staff lists to the Aboriginal Awareness Training database. It has been determined that there are approximately 900 staff within the Region still requiring this 4 hour training course. There are many opportunities for staff to attend the training within the upcoming months. Registration can be done by emailing Kelly Beattie, Aboriginal Employment Services Coordinator:

[kbeattie@schr.sk.ca](mailto:kbeattie@schr.sk.ca).

Each session can accommodate 30 individuals. Please be sure to register to attend this mandatory education session!

**Estevan** - St. Joseph's Hospital:

Feb 11 0800 – 1200;

Feb 11 1300 – 1700

**Radville** Health Centre:

Feb 25, 1230 - 1630

**Weyburn** - Tatagwa View:

Feb 26, 0800 – 1200;

Feb 26 1300 – 1700

**Redvers**—TBA,

March 10, 1300 - 1700

**Estevan**—St. Joseph's Hospital:

March 18, 0800 – 1200,

and 1300 – 1700

**Radville** Health Centre:

March 25, 1230 – 1630

Help us to track our progress in building a diverse representative workforce and monitor Representative Workforce initiative. As an employee of Sun Country Health Region, you are invited to fill out a Self-Identification form which will be kept in confidence.

Employees have an option in how you choose to complete the self-identification form:

You may complete the hard copy form and submit it to Human Resources.

(Forms can be obtained from your Manager or the Human Resources department) OR you may enter your own information by completing the on-line self-identification form at: [http://](http://disclose.saho.com)

[disclose.saho.com](http://disclose.saho.com)





## Sun Country Health Region Administration

Please send information about  
the activities in your facility to:

**Joanne Helmer**

**Communications Coordinator**

**Sun Country**

**Regional Health Authority**

**Tel: 842-8353**

**E-mail: Helmer, Joanne SCHR**

**1. President and  
Chief Executive Officer:  
Calvin Tant 842-8718**

**2. Vice President Finance  
and Corporate Services  
Hal Schmidt 842-8714**

**3. Vice President  
Human Resources:  
Don Ehman 842-8724**

**4. Vice President  
Primary and Integrated  
Care:  
Marga Cugnet 842-8729**

**5. Vice President  
Community Health:**

**Janice Giroux 842-8652**

**7. Regional Director, Pri-  
mary Care/ Rehabilitation:  
Heather Tant 842-8741**

**8. Director of Rural  
Facilities:**

**Murray Goeres 842-8706**

**9. Privacy Officer:**

**Mark Pettitt 842-8739**

**10. Quality of Care  
Coordinator:**

**Dianne Green 637-3642**



# Welcome to some of our new staff

**Pat Kessler**, Regional Director, Home Care for SCHR announces the appointment of **Colleen Scharnatta** to the position of Regional Skin and Wound Resource

Nurse. Colleen lives in Midale. She has worked for the Region in Community Health as a health educator, Home Care Nurse and Case Manager. She has a BSN and will obtain the International Interprofessional Wound Care Course. Colleen will be responsible for activities that promote best practice use of skin and wound-related resources, including product research, education facilitation and clinical support. Her office is located in St. Joseph's Hospital, Home Care Department in Estevan. She can be contacted at (306)637-3630 or by email [cscharnatta@schr.sk.ca](mailto:cscharnatta@schr.sk.ca).



**Grant Paulson**, Supervisor, Public Health Inspection, announces that **Lindsay Bowman** is working in a half-time position as Infection Control Nurse. Lindsay is located in CHSB in Weyburn and can be reached at 842-

8699. Lindsay is originally from Regina and has just moved here from Calgary with her husband.

**Don Ehman**, Vice President, Human Resources announces the appointment of **Stacey Mustatia** as Regional Director, Recruitment and Retention. Stacey lives in Sedley and has worked as an employment counsellor and high school principal. She can be reached at 842-8723 or Mustatia, Stacey SCHR.

**Marnell Cornish**, Nurse Manager at Tatagwa View, announces the return of **Kari Hallberg**, Nursing Supervisor to Tatagwa View. Kari worked with Marnell about five years ago.