

“One of the most sincere forms of respect is actually listening to what another has to say”

Bryant H. McGill



“The greatest good you can do for another is not just to share your riches, but to reveal to them their own”

Benjamin Disraeli

Social Workers make a Difference

**To speak with a Social Worker
or for more information,
please call:**

Cathy Davis—306-842-8480
Relna Knibbs—306-842-8457
Erica Matthews 306-842-8474

September 2013



Patient Counselling Services

**Providing
Client &
Family Support
Services for
Weyburn
& Area**

*Healthy
People
in Healthy
Communities*

Patient Counselling Services

ABOUT US:

- We are registered Social Workers.
- Office hours are Monday - Friday 8:00 a.m. to 4:30 p.m.
- May be referred by a doctor but you may also self refer.
Referrals can also be made by an individual or agency with the client's consent.
- We believe in client and family-centered counselling
- Supportive counselling and assistance for clients and families in the hospital, long term care and in the community.
- Counselling is confidential
- We are available for consultations and support in complex cases in the Health Region

We can help...

- **Provide support and counselling to individuals and their families who have medical issues**
- **Support and counselling for individual and families facing:**
 - ⇒ **a cancer journey**
 - ⇒ **terminal illness and bereavement**
 - ⇒ **chronic disease**
 - ⇒ **dementia**
- **Advocate on your behalf**
- **Make referrals to appropriate agencies**
- **Develop a discharge plan when in the Weyburn General Hospital.**
- **With respite or long term care placement**

What the staff at Patient Counselling Services does:

1. Get to know you:

- learn your history, life experiences and family.
- identify what is important to you
- identify your strengths, supports and struggles

2. Explore what is happening:

- help you identify your needs, hopes and goals
- assist you in coping with emotions such as anger, fear, loneliness, worry and grief

3. Provide you with information

4. Support and respect you

- support your right to choose and/or refuse treatments/services
- help create a care plan that supports what matters most to you
- help with family meetings and team conferences to address complex needs or issues.
- offer non-judgmental support