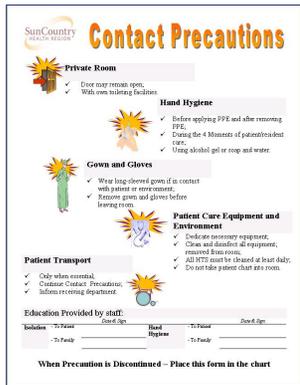


# Isolation Precautions

- Your loved one will be placed on Isolation precautions if they have an infection that can be spread to other residents, patients, staff, or visitors.
- Please follow the precautions sign on their door. Depending on the precautions that are in place you may need to wear any or all of the following personal protective equipment: gown, gloves, mask, eye wear.



- There will be signs explaining how to put on and remove personal protective equipment or visitors can ask a nurse if they are unsure of what to do.
- Once the precautions for your loved one have ended you will no longer need to wear the personal protective equipment.

# Hand Hygiene

Proper hand hygiene is the single most important thing you can do to keep yourself and patients and residents safe.



How you can help us prevent and control infections in our facilities



Information for Visitors

## Why do I need to read this?

You may have heard about hospital associated infections. Sun Country Health Region is committed to reducing your loved one's chances of acquiring one of these infections by keeping our hands, equipment, and environment as clean and as safe as possible.

## Your help is important!

Sun Country Health Region's staff, patients, residents, and visitors all play an important role in stopping the spread of infection in our facilities.

You can help to stop the spread of infection by following a few simple rules and the guidelines in this brochure.

Please take a few minutes to read through this brochure to find out how you can help!

## What can visitors do to help?

### When Visiting

- Follow the facility's visiting times and rules.
- Do **not** visit if you are showing any of the following symptoms: cough, fever, diarrhea, vomiting, or nausea.
- Remember that although children are welcome, young children and babies are more at risk of picking up and passing on infections.
- Encourage your friends and family members to get the flu shot every year. Remind them again when they are visiting you during flu season.

### Hand Hygiene

- Hand hygiene instructions can be found on the back of this brochure.
- Wash your hands with soap and water or alcohol based hand rub when entering and exiting the facility and when entering and exiting the patient's or resident's room.
- Remind your loved one to wash their hands after using the washroom and before eating.
- Remind staff and the doctor to wash their hands if you don't see them do it when entering and exiting the room and for any procedures.

### Respiratory Etiquette

- Please cover your mouth and nose when coughing or sneezing.
- Make sure to cough or sneeze into your arm.
- Remember to wash your hands afterwards.

### Clean Environment

- Help our patients/residents keep their area tidy and clutter free. This makes it easier for staff to properly clean and disinfect your room. If proper cleaning and disinfection is not performed microorganisms may spread from one person to another.
- Encourage your loved one to not share personal items or equipment, particularly toiletries with other patients or residents.
- Do not sit on the patient or resident's bed—instead use the chairs provided.

