

**RUGS (Resource Utilization
Groups)
Resident Classification System**

**Seven Major Groups (44 different
categories)**

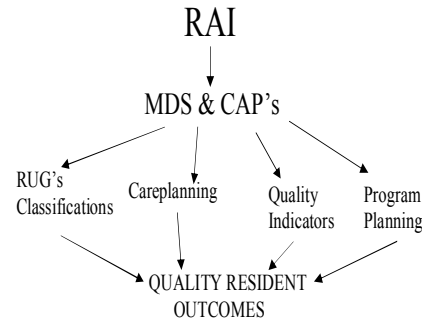
- **Rehabilitation**
- **Extensive Services**
- **Special Care**
- **Clinically Complex**
- **Impaired Cognition**
- **Behaviour Problems**
- **Reduced Physical Function**

Assignment of resident to a particular
group is based upon:

- Hierarchy of major resident types
- ADL function
- Additional medical problems

120 different areas of the assessment
go into assigning a RUGS
classification.

How it all fits together:



**Working together for Quality
Resident Care in our Health
Region.**

**Promoting Quality Care and
Individualized Care Planning**



MDS/RUGS



**MDS/Rugs
Assessment
Process**

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Acronyms

1. **RAI** Resident Assessment Instrument (the overall process— assessment, care planning, quality improvement, program planning and RUGs classification.)
2. **MDS** - Minimum Data Set (the list of questions and observations in a comprehensive resident assessment)
3. **CAP's** - Clinical Assessment Protocols (when a problem or a potential problem is identified by MDS—these are generated to give a secondary level of assessment. Guidelines for individualized care planning.)
4. **RUGS** - Resource Utilization Groups III (refined method of classification. Residents are classified into groups.)

Clinical Assessment Protocols (CAP's)

1. Delirium
2. Cognitive Loss
3. Activities
4. Communication
5. Cardio-Respiratory
6. Urinary Incontinence
7. Social Relationships
8. Mood
9. Behaviour
10. Activities of Daily Living
11. Falls
12. Undernutrition
13. Feeding Tubes
14. Nutritional Status
15. Pain

Resident Outcomes Scales

The following outcomes are calculated with each assessment

CPS (Cognitive Performance scale) 1- 6

Depression Rating Scale (0-14)

Index of Social Engagement (0-6)

ADL Scales (3 different ones)

Aggressive Behaviour Scale

CHESS Scale (predictor of mortality)

Pain Scale (4 point pain scale) .

Pressure Ulcer Risk Scale

Personal Severity Index

Quality Indicators (QI's)

1. Activities of Daily living-7
2. Behaviour-2
3. Continence-6
4. Cognitive Function-2
5. Communication-2
6. Falls-1
7. Infection-2
8. Mobility-2
9. Mood-1
10. Nutrition/Weight-2
11. Pain-2
12. Pressure Ulcers-3
13. Restraints-1
14. Medication-1

Each of these QI's are triggered by answers to certain questions in the MDS.

